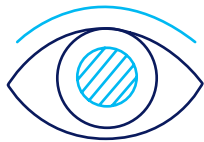


DID YOU KNOW?



CATARACT FACTS

Cataracts are **not exclusive** to the elderly

Most frequent cause of vision loss in **people over 40**

Cataract surgery is one of the world's **most performed surgeries**

Studies show cataract surgery may lead to **longer life span** and can decrease risk of dementia by 30%

Cataract surgery reduces **risk for falls**

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MOA ANNUAL EYE PHYSICAL

Caring for your eyes is so much more than vision correction. Even if you have perfect vision, you could still have undetected eye disease. Just as you have an annual exam for your physical health, you need an annual eye physical for your total visual and ocular health. MOA's Annual Eye Physical is recommended for all adults and school-aged children, especially if you have a family history of eye disease or diabetes. Customized to your unique needs, the Annual Eye Physical can help detect, diagnose, treat, and manage potential issues before they become serious problems.

See what you've been missing!

The Future of Eye Health...

MEDICAL OPTOMETRY AMERICA is dedicated to the long-term health of your eyes. Our doctors have advanced training and the latest, state-of-the-art technology required to provide total medical care for your visual and ocular health. We detect diseases at their earliest stages, treat issues before they become significant problems, and provide relief for existing conditions. With MOA, you get the best of today's leading medical science with the personalized attention you want from your primary eye care doctor.

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Cataract Evaluation & Co-Management



MOA MEDICAL OPTOMETRY AMERICA

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Cataracts will affect most people at some point in their lifetime.

It is a common eye condition that develops slowly over time and can be hard to detect without proper testing and evaluation. If you think of your eye as a camera, the cataract is essentially a clouding of your lens or focusing power. This may first appear as difficulty with seeing details from far away or when reading. There are many factors that can contribute to a higher risk for cataracts:

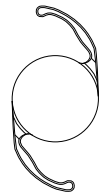
- Increased age
- UV exposure
- High blood pressure
- Diabetes
- Certain medications
- Smoking
- Previous trauma



What is Cataract Surgery?

Surgery may be recommended if your cataracts are significantly affecting your vision. Cataract removal and clear lens replacement is one of the most commonly performed surgeries in the world. In addition to improving vision, cataract surgery can also improve mobility and lower the risk of dementia. While the surgery is highly common and relatively quick, the decision on which lens to choose can be difficult given the wide range of choices available. With the advanced technologies available at MOA, your doctor can help you pick the best lens for your visual and lifestyle needs, potentially eliminating your dependency on glasses or contact lenses.

INTRAOCULAR LENSES (IOL) FOR CATARACT SURGERY



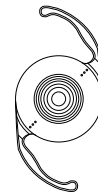
Monofocal
has a single focal point and can be set for distance or near focus, but not both



Toric
is used to correct significant levels of astigmatism due to curvature of the eye's surface



Multifocal
corrects distance and near vision at the same time and simulates natural vision



Toric Multifocal
corrects both astigmatism and allows for distance and near vision

Preparing for Surgery

Cataract surgery co-management is one of the key elements of MOA advanced eye care.

Because your MOA doctor understands your unique visual needs and eye health history thoroughly, the cataract surgeon will work closely with your MOA doctor to plan and optimize your surgery. Following the surgery, your MOA doctor will guide you through the postoperative period to ensure that proper healing and visual targets are achieved.

To help ensure the best outcome from your cataract surgery, it is important to optimize your ocular surface prior to surgery.

Having a healthy ocular surface is essential to ensure the accuracy of measurements made before and during surgery, and can help reduce some of the negative side effects from the procedure. Be sure to talk to your MOA medical optometrist about a pre- and post-surgical protocol to help optimize your surgical outcome.

COMMON SYMPTOMS

- Difficulty seeing details
- Blurred vision
- Glare and halos
- Diminished color contrast/ colors seem faded
- Frequent prescription change for glasses
- Difficulty reading in low light
- Light sensitivity